














Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pottery with June (€80) 10am-12pm	Swimming with Graham + Mark (€120) Starting Jan 9th 10am-11am 	Hill Walking with Volunteers (€65) 10am-12pm 	Men's Club with Graham + Mark (€65) 10am-11am	Running Club with Graham (€60) 9am-10am	Badminton with Volunteers (€45) 11.30am-12.30pm
Golf with Graham (€50) 11am-12pm 	Cookery with Volunteers (€96) Starting Jan 9th 10am-12pm	Bocce with Graham (€65) 10.30am-11.30am/11.45am-12.45pm	Book Club with Niamh (€65) 10.30am-11.30am	Strollers with Volunteers (€60) 10am-12pm 	Men's + Ladies Basketball with Mark (€45) 12.30pm-1.30pm
Ladies Friendship Circle with Volunteers (€50) 11am-12pm	Gym with Graham + Mark (€130) 11.30am-12.30pm	Fun Drum with Mark (€65) 11am-12pm	Shanganagh walk with Mark (€65) 11.30-12.30	Music with Graham (€60) 11am-12pm	Highlighted Blue classes have limited availability.
Cookery with Niamh (€80) 12pm-2pm	Yoga + Relaxation with Graham (€65) 2pm-3pm	Cookery with Niamh (€104) 12pm-2pm	Fun Bowl with Graham (€156) 11.30am-12.30pm	Athletics with Mark (€55) Start back Jan 12th 11am-12pm 	
Keep Fit with Graham (€50) 1pm-2pm 	Art with Christine (€104) 2pm-3pm	Drama with Nadia (€65) 2pm-3pm	Dance with Nadia (€65) 12.30pm-1.30pm	Music with Graham (€60) 12pm-1pm	
Music + Movement with Nadia (€50) 2.30pm-3.30pm	Life Skills with Mark (€65) 3pm-4pm	Table tennis and Bocce with Graham + Mark (€65) 2pm-3pm	Cookery with Niamh (GF) (€104) 12pm-2pm	Open Art Studio with Christine (€36) 	Over 18's Jan-March Schedule 2024
Cookery with Niamh (€80) 4pm-6pm	Bingo with Graham (€65) 3pm-4pm	Art with Christine (€104) 3pm-4pm	Music with Graham (€65) 2.30pm-3.30pm	Swimming with Graham and Mark (€110) Starts Jan 12th 4pm-5pm 	Billing period 2nd Jan-28th March (13 Weeks)
Art with Christine (€80) 4pm-5pm/5.30pm-6.30pm	O16 Art with Christine (€104) 4pm-5pm	Drop in with Mark  €8 per day 3.15pm-5.15pm	Computers with Mark (€65) 2.30pm-3.30pm		
Singing with Nadia (€50) 5.30pm-6.30pm	O16 Tennis with Volunteers (start date TBC) 5pm-6pm	Drama with Nadia (€65) 	O16 Drumming with Nadia (€65) 4pm-5pm		
Football with Graham (€50) 6pm-7pm 	Bowling with Volunteers €12 per/play 6pm-8pm	GAA -Éir Óg Greystones (FOC) Starting 28th Feb 5pm-6pm	O16 Creative writing with Nadia (€65) 5.30pm-6.30pm		
Highlighted yellow classes taking place in Little Flower Hall A98 WK35		Drama with Nadia (€65) 5.30pm-6.30pm	O16 Taekwondo with Volunteers (€65) 5.30pm-6.30pm		

LAKERS (Under 18's Timetable)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
U21 Drama and Games with Nadia (€50) 4pm-5pm	Music with Graham (€65) 4pm-4.50pm	U18 Athletics with Graham+ Hannah (€60) Starting Back Jan 10th 4pm-5pm 	U18 Playball with Graham and Mark (€65) 4pm-5pm	Fun Swim with Graham + Mark (€110) Starting back Jan 12th 3pm-4pm	Junior Club with Hannah (€45) 9.30am-10.15am
Junior Football with Graham (€50) 4pm-5pm	O16 Art with Christine (€104) 4pm-5pm	GAA Éir Óg Greystones (FOC) Starting 22nd Feb 5pm-6pm	Teen Cookery with Hannah (€104) 4pm-5.30pm	Monthly Youth Club (€8 per month) 6:30pm-8pm	Junior Club with Hannah (€45) 10.30am-11.15am
	Teen Bowling with Hannah + Mark (€156) 5pm-6pm		O16 Drumming with Nadia (€65) 4pm-5pm	Highlighted Blue classes have limited availability.	Teen Club with Hannah (€45) 11.30am-12.30pm
	O16 Tennis with Volunteers (Start date TBC) 5pm-6pm		O16 Taekwondo with Volunteers (€65) 5.30pm-6.30pm		Teen Dance with Hannah (€45) 12.30pm-1.30pm
				Billing period 2nd Jan-28th March (13 Weeks)	Highlighted Yellow classes taking place in Holy Redeemer Parish Youth Centre A98 CX23

