









Spring Term  
7th February-14th April

# LAKERS

## Senior Activities

Register for classes using Lakers Community or  
emailing [info@lakers.ie](mailto:info@lakers.ie)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10am-12pm</b> Pottery with June €50	<b>10am-11am</b> Swimming (S'line) with Graham €100	 <b>10am-12pm</b> Hill Walking Volunteers €50	<b>10am-11am</b> Walk with Lisa Shanganagh €45	<b>9.30am-10.30am</b> (Zoom) Book Club with Niamh €40	<b>11.30am-12.30pm</b> Badminton with Volunteers €40
<b>11am-12pm</b> Dance with Lisa €50	<b>11am-12pm</b> Athletics with Lisa (Full) €50	<b>10am-11am</b> Bocce with Lisa (16/02/22) €45	<b>10am-11am</b> Gym (S'line Bray) with Graham €72	 <b>10am-12pm</b> Strollers with Volunteers €40	<b>12.30pm-1.30pm</b> Basketball with Volunteers €40
<b>11pm-12pm</b> Zoom Music with Graham €50	<b>2pm-3pm</b> Yoga with Graham €50	 <b>11am-12pm</b> Tennis with Graham (16/02/22) €45	<b>12pm-1pm</b> Ladies Friendship Circle with Lisa €45	<b>11am-12pm</b> Music and Song with Graham €40	<b>2pm-3pm</b> Boxercise with Volunteers €40
<b>1pm-2pm</b> Table tennis with Graham €50	<b>2.30pm-3.30pm</b> Skiing with Volunteers	<b>12pm-2pm</b> Lunchtime Cookery with Niamh (16/02/22) €45	<b>12pm-2pm</b> Lunchtime Cookery with Niamh (17/02/22) €35	 <b>11am-12pm</b> Athletics with Lisa (Full) €40	
<b>3pm-5pm</b> Adult Movie Club with Lisa €50	<b>3.30pm-4.30pm</b> Zoom Get-2-Gether with Graham €50	 <b>3pm-4pm</b> Art with Christine (16/02/22) €45	<b>2pm-3pm</b> Bingo with Graham €45	 <b>4pm-5pm</b> Swimming with Graham + Lisa (Full) (04/02/22)	
<b>5pm-6pm</b> Tennis with Volunteers €50	<b>6pm-8pm</b> Bowling with Volunteers (15/02/22) €8 per play	 <b>3pm-4pm</b> Keep Fit with Graham (16/02/22) €45	<b>3pm-4pm</b> Zoom Quiz with Lisa €45		
<b>6pm-7pm</b> Art with Christine €50		<b>4pm-6pm</b> Dinnertime Cookery with Niamh (16/02/22) €45	<b>4pm-6pm</b> Dinnertime Cookery with Niamh (17/02/22) €35		
<b>6pm-7pm</b> Football with Graham €50		<b>4pm-5pm</b> Drama with Volunteers (16/02/22) €45			
		<b>5.30pm-6.30pm</b> Drama with Volunteers (16/02/22) €45			

# LAKERS

## Junior & Teen ACTIVITIES

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Register for classes using Lakers Community or  
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3.30pm-4.30pm</b> Junior Football with Graham €50	<b>3.30pm-5.30pm</b> Teen Pizza and Movie with Lisa €50	<b>3.30pm-4.15pm</b> Junior Athletics with Lisa (Full) €50	<b>4pm-5pm</b> U18 Music with Graham €45	<b>4pm-5pm</b> Swimming with Graham + Lisa (Full) <b>(04/02/22)</b>	<b>9.30am-10.30am</b> Junior Activities with Hannah €40
<b>4pm-5pm</b> Art U18 with Christine €50	<b>4pm-5pm</b> Teen Walk'n'Talk with Hannah €50	<b>4.30pm-5.15pm</b> Junior Beginners Athletics 2 with Lisa €50	<b>4pm-5pm</b> U18 Friendship Circle with Hannah €45		<b>10.45am-11.45am</b> Teen Activities 1 with Hannah €40
					<b>12pm-1pm</b> Teen Activities 2 with Hannah €40

