



Please send to [info@lakers.ie](mailto:info@lakers.ie) on suggested registration date.

Term number	1	
<b>Day</b>	<b>Class</b>	<b>Member Name</b>
Monday	Senior Dance with Lisa 11am-12pm	
Tuesday	Junior Keep-Fit with Lisa 11am-12pm	
	Adult Keep-Fit with Graham 2pm-3pm (NEW CLASS)	
	Senior Art with Christine 3pm-4pm	
Wednesday	Music and Art with Nadia and Christine 11am-11.30am	
	Relaxation Class with Lisa 12pm-1pm	
	Adult Band Camp with Nadia 2pm-2.40pm	
Thursday	Adult Fitness with Lisa 10am-11am	
	Junior Fitness with Lisa 11.30am-12.30pm	
	Cookery with Niamh (Places are limited to cookery students only) 3pm-3.45pm	
	Junior Meet-up with Hannah 4pm-4.40pm (NEW CLASS)	
Friday	Junior and Teen Drama Games with Nadia 11am-11.40am	